

# 1961 1995 the **Wise FOX**

*The Monthly Newsletter of the Foxboro Jaycees*

February, 1995

P.O. Box 169, Foxborough, MA 02035-0169

543-0712

Page 16 The Foxboro Reporter, Thursday, Jan. 26, 1995

## Fellow Jaycees . . .

January has presented us with a lull in Jaycee activity that I hope you have all enjoyed. I know that I have seen every movie out that I've been interested in. Things are picking up, however, and February is going to prove to be a busy month. Look inside for all the details. At the February G.M., we will be discussing a possibility of a large monetary donation to the Fire Department to help purchase a Defibrillator for their new ambulance. See the related article inside.

According to our By-laws, I must appoint a committee of no fewer than five members within 60 days of our annual election meeting which is in April. I'm happy to officially appoint Tom Sawran as the chairperson for the nomination committee. Joining Tom will be Patti O'Hara, Geri Ayers, Fred Badger and Peter St. Laurent. These people will be calling the chapter in the following month to determine who may be interested in serving on the board of directors next year. Please give this some thought if you haven't already. Serving on the board is a great learning experience, a sure way to be involved in the running of the chapter and can be a lot of fun. There are no positions filled in advance, so if you are interested in any particular area, be sure to tell the nomination committee member that calls you. Remember, you'll only get out of the chapter what you put into it. See you on February 8th. . . . .

Sincerely, Sandra Smith

*The Foxboro Jaycees is a Member of the United States Jaycees Organization*

## FOXBORO Jaycees



The Foxboro Jaycees began over 34 years ago in 1961 with eight members and a dedication to community service and individual development.

Today with over 100 members and that same dedication the Foxboro Jaycees continue to enrich the community.



Coming up in March is the annual Pancake Breakfast to benefit CYO Basketball. Later in the spring the children look forward to the Easter Egg Hunt on the common. Summertime brings a series of Concerts on the Common. In the fall everyone gears up for the largest project of the year, the Foxboro Jaycees Haunted House. The holiday season is always busy with Christmas Tree sales, Santa on the Common, Fruit Baskets and many other worthwhile projects. Helping with the SHARE program and volunteering as drivers for Meals on Wheels are just some of the many projects that run throughout the year.



If you are new to the area we invite you to attend our general meetings. This is a great way to meet people, make friends and get involved in your community. The Foxboro Jaycees General Meetings are held the second Wednesday of every month at 8:00 p.m. at the South Foxboro Community Center. All are welcome. Please join us for our next general meeting on Wednesday, February 8. We hope to see you there. For further information on the Jaycees call the Jaycee Hotline at 543-0712.



**34 Years**



**Wise Fox**

# Community Development

Hello Again from Community Development!

This has been a slower month than last but there is still a lot going on. We are over halfway through the year and I would like to thank everyone that has made it such a success. The next big project is going to be PANCAKE BREAKFAST so get ready!!

Share (Deb Mullen) - For those interested in becoming a member of the Share program, the membership fee is \$14.00 and you are required to do at least 2 hours of community service (such as attending 1 GM or participating in 1 Community Development project). Each member receives approximately \$28.00 in groceries each month. Pick-up is the last Saturday of every month. If you would like more information or would like to get involved in the program, give Debbie a call. Debbie is also looking for a relief driver should the scheduled driver be unable to drive.

Sand for Seniors (Peter Jamieson) - Peter is now awaiting the first snow that will stay around long enough so that the seniors can use their buckets of sand.

Nativity Scene (Peter Jamieson & Eileen McHugh) - Completed. I miss the nativity scene

Winter Commons Upgrade (Kenny Wills) - Due to the lack of time, the donation of holiday decorations were not ready in time for Christmas. Kenny and the officers of the Jaycees have decided that a meeting will be opened to the general public and the local businesses of the commons. This meeting will be to decide if the commons needs more decorations for the holidays and what type of decorations. This meeting will also talk about how funding of this project will proceed.

Pancake Breakfast (George DiChico) - I went to the first meeting and it was basically number crunching to the helpers that showed up. Actually, they helped crunch out 6000 tickets for the CYO Basketball players to sell. Later that week, Chico was able to get another 1000 out. Now this is a big project and Chico is looking for your support.

5K Fun Run (chairman needed) - I had a meeting set up at my place on Jan. 16 th. We talked about the project and we decided that until someone expresses an interest in running this project we will be placing it on the back burner. All information that I have acquired so far will be made available to anyone interested.



# **Wise Fox** continued **Community Development**

Concerts on the Common (Lynn Butler) - During our next meeting Lynn will be activating the funds for next year's budget so she can start booking bands for this summer. Doesn't that sound great?

Human Service Auction (Beth Finch) - Feb. 5 - Right now, there is still a week and a half before the auction. With my last conversation with Beth she said everything was going well.

Easter Egg Hunt on the Commons (Paula Bertolino) - April 8th - Paula said that the hunt is to be a good time by all. Bring your children or child or just come and watch your neighbors' kids run around the commons.

Headfirst Grant - Peter St. Laurent - Peter said everything is well in hand.

*Carl Bertolino*  
C.D.V.P.

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## **Baby Bruins Hockey**

### **Hockey Night**

### **February 17, 1995**

### **Providence Bruins vs Portland Pirates**

The Providence Bruins are holding our block of 40 tickets to THE GAME!

All Jaycees who signed up to attend this EVENT are asked to have their money (\$7 per ticket) in to

**Dave Brown A.S.A.P.**, so that he can confirm the number with the P-Bruins.

A list for car-pooling options will be circulated, as will details on the post-game gathering (for sandwiches - what else?).

For more information, see or call **Dave Brown @ 543-9686**

Place:: PROVIDENCE CIVIC CENTER Time: 7:00 P.M.

11-3-94

## Lifesavers get a second chance

By Frank Mortimer

On the verge of a Special Town Meeting in which a \$352,500 no-bid ladder truck purchase request will be voted, Fire Chief Hobart Boswell on Tuesday presented living proof that the right equipment has saved lives.

In a "celebration of life" at the fire house, Boswell introduced a Foxboro woman whose life had been twice saved by rescue personnel using an automatic defibrillator.

(Continued from page 1)

In the most recent incident on Sept. 17, firefighters David Healy and Scott MacMaster shocked the woman's heart out of a deadly ventricular fibrillation after applying several jolts of the automatic defibrillator.

On July 16, 1992, firefighters Merl Cummings and Ed Noonan had saved her with the same device.

Both rescues were done without benefit of bystander CPR.

"They can't believe we were able to bring back the same person twice," Healy said, referring to local medical authorities. "I can safely say, before we had this device, the outcome would have been different."

The department has had an automatic defibrillator in service for nearly five years. The \$7,000 device analyzes the heart rhythm, recommends whether a jolt is advised,

"I was on my way up," said Roberta Rolls, 64, of Cocasset Street, who was unconscious and whose heart had stopped beating when firefighters arrived.

Describing an out of body experience, Rolls said she "looked down" at her own body as rescue personnel worked to save her.

She expressed deep gratitude for the department's rapid response, skill, and preparedness.

"I'm still living and breathing,"

and delivers the jolt when a button is pressed.

Dr. Gregory Quick of Norwood Hospital, who is in charge of the defibrillator program for about eight area communities, described his amazement during a conference call at the event.

"This is a letter-perfect example of the way things should work," he said. "It could not have been better if it was done in the emergency room."

He said area communities have saved lives on seven occasions in four years with the portable defibrillator, and two of these "saves" have occurred in Foxboro - and Rolls was the beneficiary both times.

"I've never heard or read of anyone who has had the benefit of the automatic defibrillator twice," said Quick.

The department currently has one

said Rolls, a retired registered nurse who has lived in Foxboro since she was three years old.

Her husband, Herbert Rolls, who had called the fire department during one of her medical crises, echoed her gratitude. Firefighters gave her a bouquet of flowers.

Boswell congratulated his staff for their "exemplary" work in the rare - if not unique - achievement of saving the same person twice.

(Please turn to page 8)

portable automatic defibrillator and is interested in obtaining a second one through private donations.

The value of a back up device was illustrated during the event. A call came in and a firefighter swept the device up and carried it away.

"It's wonderful we're in an era when we can take a piece of equipment on an emergency and save someone's life," Coppola said. He added that townspeople should "keep this in mind when asked to spend tax dollars for life saving equipment."

Coppola did not specify any particular purchase, but selectmen recently backed the chief's request to replace the aerial ladder truck through a no-bid emergency purchase.

Voters at the Nov. 28 Special Town Meeting will be asked to fund the first year of the \$352,500 purchase at a cost of \$78,625 this year.

Coppola supported the department's effort to obtain a second defibrillator through donations, because one might be in use or in the repair shop when a resident is stricken.

The department is expecting to take delivery of a new ambulance in a few weeks, Coppola said. The current ambulance will stay in service as a backup. If a second defibrillator is obtained, both ambulances would have one.

# Foxboro firefighters come to her rescue twice

By Heather A. Swails  
STAFF WRITER

**FOXBORO** — Roberta Rolls of Cocasset Street has two things to be especially thankful for this Thanksgiving, the Foxborough Fire Department and the Foxborough Fire Department.

That's because firefighters saved her life, not once, but twice, within the past two years.

"I was on my way up. Now I'm still living and breathing because of them," said Rolls, 64, a retired registered nurse.

The long-time resident bestowed many smiles and much thanks on her benefactors during a recent ceremony at the fire station, where she modestly accepted a frothy bouquet of flowers as a token of the firefighters' own thankfulness of her survival.

"They should be the ones getting these, not me," said Rolls, who has lived in Foxboro since she was three years old.

Fire Chief Hobart Boswell organized the ceremony in recognition of the unique accomplishment of saving the same person twice with a machine that requires certain physical conditions before it can be used.

"We're celebrating Roberta's life, as well as our opportunity to work with a semi-automatic defibrillator device," Boswell said.

Firefighters carried the device with them both times they were called to the Rolls's house, just half a mile away from town center. Both times, it saved Rolls' life, much to the gratitude of her husband, Herbert.

When Rolls went into cardiac arrest on Sept. 17, firefighters David Healy and Scott MacMaster used the defibrillator to restore an organized rhythm to her heart.

Firefighters Merl Cummings and Ed Noonan had done the same thing two years earlier, with one difference — it took

only one shock from the defibrillator to restore the rhythm on that occasion.

"This time it took five shocks," said Healy. "But we were lucky that, when we arrived, she was in a heart rhythm that we could shock."

The semi-automatic defibrillator, which analyzes heart rhythm and determines whether or not a shock is advisable, can only be used if the victim's heart is in a certain rhythm.

### Not a regular occurrence

"Bringing back the same person twice with this machine doesn't happen often," said Healy.

"I've never heard or read of anyone who has had the benefit of this defibrillator twice," confirmed Dr. Gregory Quick of Norwood Hospital, who administers a defibrillator program for firefighter and emergency medical technicians at eight area fire departments, including Foxboro.

Semi-automatic defibrillators have been available to firefighter and EMTs for only about five years, said Quick. Before that, only hospital paramedics could use defibrillators of any kind to revive heart attack victims.

EMTs have to be specially trained to use the semi-automatic device, which differs from more advanced defibrillators — still used exclusively by paramedics — because it is not fully manual.

EMTs who are trained on the device are classified as EMT-Ds, just two levels below the level of paramedic.

The Foxboro department has had their own device on hand for about four years. "Our one limitation with this is that we only have one," said Healy.

When back to back emergency calls come in, the device can only be taken with one of the responding teams, he said. That limitation became

painfully clear during the very ceremony held to celebrate Rolls' life, as two of those type of calls came in within moments of each other.

"Right now we're hoping to get a second device through donations from the community," said Healy.

Having a second device would be ideal at this time, he said, because the fire department is expecting a second ambulance to be delivered within days. "With two defibrillators, we would have one for each ambulance," Healy said.

Healy stressed the importance of proper training and equipment to saving people's lives, noting that emergency personnel are currently working on upgrading Foxboro's status to EMT-I, which is just one step below paramedic status. EMT-I allows firefighter and EMTs to administer breathing tubes and IVs and the semi-automatic defibrillator device that saved Roberta Rolls' life.

But saving lives can still begin before any emergency personnel even arrive on a scene, said Healy.

"In many cases, bystander CPR can be as important as the EMTs, as important as the paramedics, and as important as the hospital," he said.

The Foxboro Department, Healy said, is reviewing the possibility of offering CPR classes to the public.

In the meantime, the department is accepting donations for a second defibrillator. The cost of a new device is about \$7,000.

"We've collected \$4,000 in donations already," said Boswell. A n d \$100 of that is from Roberta and Herbert Rolls, who sent the donation to the fire station wrapped in a very thankful fruit basket.

"I don't remember them using the defibrillator on me, but I'm glad they did," said Rolls.

And to the firefighters, she said, "Thank you for my life."



PHOTO BY HEATHER A. SWAILS

Roberta Rolls is doubly thankful this Thanksgiving Day for people like Foxboro firefighters David Healy (left) and Scott MacMaster. Fire Department personnel have saved her life twice in the past two years.

As the Jaycee year winds down I intend to have a very productive finish. As you will see in this report we have a lot of exciting projects in the makings. I hope to see all of our members active in these projects.

**CPR Training and Rectification - John Dillon - Final Report** - John did a great job in organizing the CPR certification and re-certification courses. There were 7 people who were certified and 3 people who were re-certified. Thanks to John for his diligence in running this project.

**CPR Training and Recertification II - Chairman Needed** - It was apparent that there were many people who signed up for the first CPR class but were not able to attend on the dates that were offered. The fire department has advised us that they would be happy to hold another class for anyone who might be interested. If you are interested in organizing this project or in signing up to attend, please contact me.

**Volleyball - Brian Smith** - The Jaycees continue to play volleyball every Monday at 7:30 p.m. at the Ahern School. It costs only \$6.00 to play. All members and friends are invited to join the fun. This is a great project to get involved with during the doldrums of winter.

**Ski Trip - Paul Kelly/Cheryl Cushman - January 26-29** - This trip to Sunday River is sure to be a great time. There will be about 13 of our members staying in slope-side condos for skiing, drinking, eating, and socializing. We all look forward to the stories at the February G.M.

**P. Bruins Hockey Night - Dave Brown - February 17** - By now, you have all heard from Dave concerning this great family night out at the Providence Bruins game. If you haven't, and you are interested in attending, please contact him right away. The tickets are \$7.00 each. I'm sure that this will prove to be a great time!

**Self-Defense - Lynne Butler - February 12** - This self-defense class will be held at the South Foxboro Community Center at 3:00 p.m. An area couple who teach this course for many will be on hand to teach us how to defend ourselves if it is ever needed. This project is one which will be open to both men and women. If you are interested in attending this seminar and you have not already signed up, please contact Lynne Butler.

**How to Run a Project and Document it - Tom Sawran & Dave Brown - February 16** Tom and Dave will be communicating all of their knowledge to everyone who attends this project. I believe that this is one of the most important projects of the year. Everyone will be contacted and urged to attend! If you are interested in attending, please contact Dave or Tom.



**Casino Night - Eileen McHugh** - Eileen has offered to chair this project and put a twist on the description of the project. She is looking into a bus trip to Foxwoods Resort. This project sounds like it will be a great time! If you are interested in attending or helping Eileen plan this project please contact her. Thanks to Eileen for taking on this project

**Stress Management - Joe Catalano - February 21** - Joe has had previous experience with stress management courses and has assured me that all who attend this project will learn a great deal. We are all in need of stress management from time to time. If you are interested in attending, please contact Joe.

**Associates Night - Bob & Cathy Hickey - March 8th** - Bob and Cathy have had their first meeting and have come up with some great ideas on how to roast all of the R.F.O.'s in our chapter. I can feel the excitement in the air! I'm sure we will all be in for a great show. If any of the under 40 members would like to help Bob and Cathy, please contact them as soon as possible.

**Installation Banquet - Tom Sawran** - Tom has already begun the wheels spinning on the organization of the installation banquet. He is looking to have it at the Lakeview again this year. This is a classy way in which we celebrate the ending of a Jaycees year and beginning of a new one. If you are interested in helping Tom with the organization of this project, please contact him.

**Conflict Resolution - Chairman Needed** - I has been suggested that we look into having a seminar that helps us deal with conflict in our lives. I may have a contact name for a speaker. If you are interested in chairing this project, please contact me.

**Degrees of Jaycees** - I am working on a new check list for accomplishments within the Foxboro Jaycees. When this list is complete, all members will be asked to respond to with information concerning their accomplishments within our chapter.

**Project Documentation** - I have not received many documentations for projects that were run. Please be courteous to the chairmen for next year and document what you do in the process of running your project. If you are not sure how to document a project you had better be at Tom and Dave's project on February 16th!!!!

Thank you to all of the people who have made these and all of the other projects in the I.D. area a great success. I am looking forward to the next couple of busy months!

Beth Finch  
ID. Vice President



## Appreciated By

In the past month, The Foxboro Jaycees organization received a letter of appreciation from the 1994 Rodman Ride for Kids:

Rodman Ride For Kids  
11 Beacon Street, Suite 325  
Boston, MA 02108

Foxboro Jaycees  
PO Box 169  
Foxboro, MA 02035

Dear Foxboro Jaycees:

Thank you for your donation to the Ride For Kids. Your financial contribution helped to make this year's Ride the most successful ever. On September 17, more than 525 riders gathered to ride 25, 50 or 100 miles to raise a total of \$240,000 to help children at risk. The generous support of individuals and companies from throughout Massachusetts and beyond, combined with the efforts of those who rode, make a strong statement about the importance of helping children who are so often forgotten by society.

Your contribution helped five Massachusetts child welfare agencies that offer a wide variety of services to thousands of children. The Robert F. Kennedy Action Corps, the Italian Home for Children, Roxbury Youthworks, Boston Children's Services and the Colonel Daniel Marr Boys and Girls Club of Dorchester, all of which you supported through your contribution, provide services ranging from residential care to gang prevention.

Your donation is fully tax deductible. Please retain this letter as a receipt of your donation.

Thank you very much for your support. We, at the Ride For Kids and the associated agencies, wish you and yours a happy and safe holiday season.



# Secretary's Report Lynn Butler

Thanks to all new chairpersons who volunteered for projects at the GM:

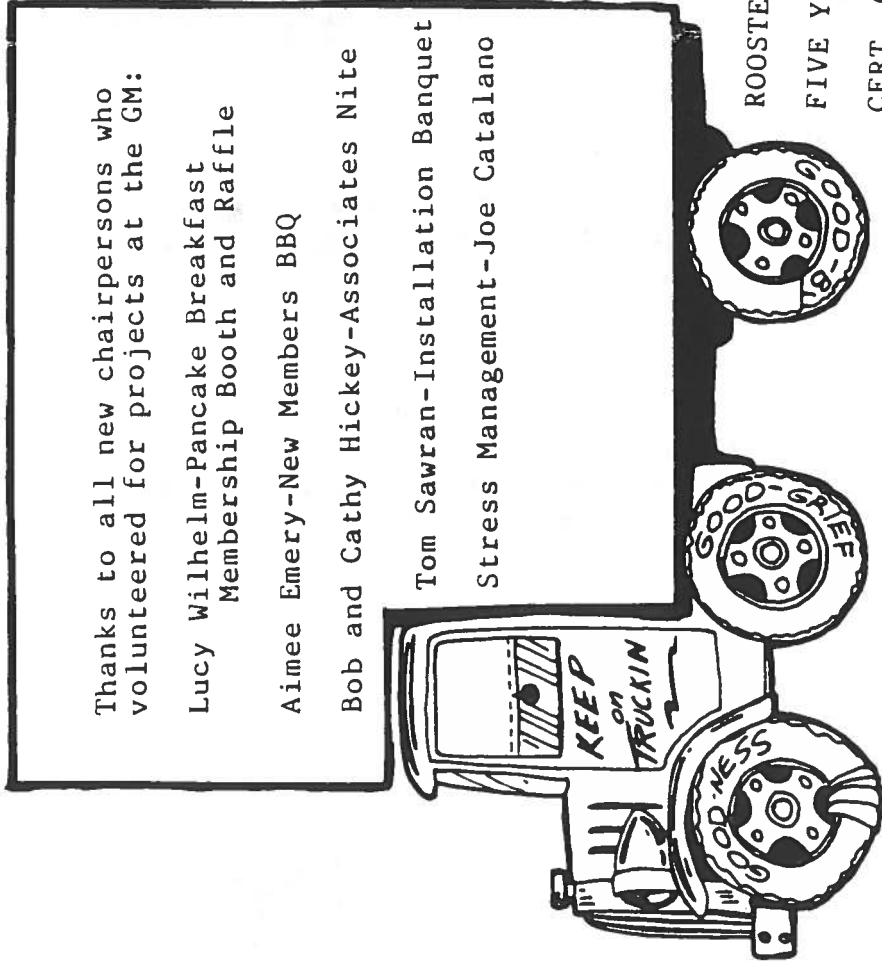
Lucy Wilhelm-Pancake Breakfast  
Membership Booth and Raffle

Aimee Emery-New Members BBQ

Bob and Cathy Hickey-Associates Nite

Tom Sawran-Installation Banquet

Stress Management-Joe Catalano



The Thomas Wood Baldrige Scholarship is open to any Jaycee or immediate family member. Applications must be returned by February 1. For further information contact Sandy at 543-0712.

Don't forget to sign up for self-defense. This will take place Feb. 12 at 3:00pm at the Community Center. Call Lynn at 543-8478 to sign up.

ROOSTER AWARD-Peter St. Laurent

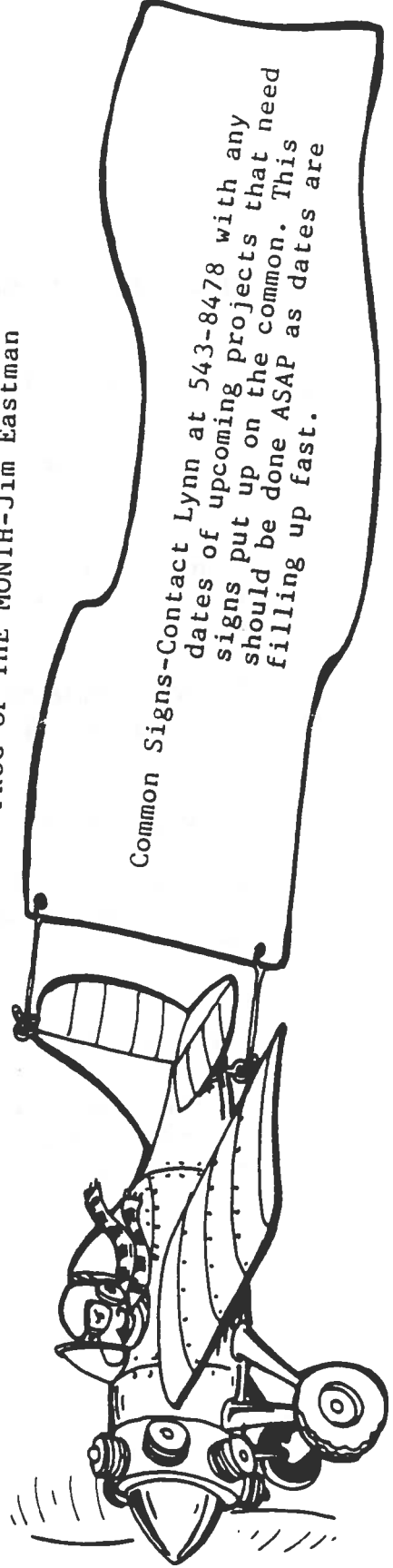
FIVE YEAR AWARD-Joe Catalano

CERT. OF MEMBERSHIP-Aimee Emery

JAYCEE OF THE MONTH-Linda Walsh

PROJECT OF THE MONTH-Progressive Dinner-Lucy Wilhelm  
and  
Fruit Baskets-Wendy Fischer

FROG OF THE MONTH-Jim Eastman



Common Signs-Contact Lynn at 543-8478 with any dates of upcoming projects that need signs put up on the common. This should be done ASAP as dates are filling up fast.

**MEMBERSHIP REPORT**

*Hello Fellow Members:*

First I would like the GM to welcome our newest members:

Brian Volpe  
Phil West (transfer)

Activation T-Shirts are being distributed on a monthly bases, come out to a project or GM and you may qualify to receive one.

Membership recruitment ad was submitted to the Reporter - a great job by Lynn Butler (see attached ad).

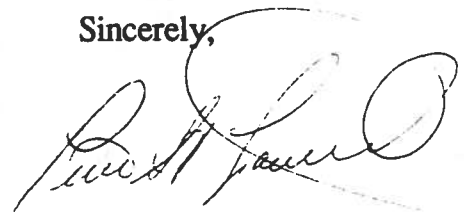
*Membership Booth at Pancake Breakfast*

Lucy Wilhelm has agreed to chair this project, we will be setting up all the Jaycee photo's and information packages to help residents become interested in joining the organization.

*Membership BBQ*

Aimee Emery, one of our new members, has come forward to chair this project. A tentative date is set for April 8, 1995 at Mark Emery's (Aimee's dad) home. Look for the invitation and please plan to come out and meet all our new members, we have quite a few.

Sincerely,



**Peter St. Laurent  
Membership VP**